SUBSTANCE USE: YOU CAN MAKE A DIFFERENCE



Are you or someone you know concerned about the misuse of alcohol, tobacco and vaping products, prescription medication and other drugs?

RESOURCES ARE AVAILABLE TO EMPOWER YOU.

EDUCATE yourself, students, children or friends on preventing substance use or addiction.

LEARN about the warning signs of drug use, experimentation and risk factors for substance use. **TALK** about prescription and over-the- counter medications and safeguarding your medicine cabinet.

HELP yourself or a loved one to find support for prevention, intervention and recovery.

SPEAK WITH SOMEONE!

Your School District Designee:

Your Building Designee:

Pick-up Information Confidentially:

Mrs. Dahl & Mrs. Rizzi

School Psychologists

heather.dahl@wcsdny.org

elizabeth.rizzi@wcsdny.org

John Jay High School



GO ONLINE

NYS OASAS and NYSED have partnered to provide resources for addressing substance use. Scan the QR code or use the link below to learn more on the Office of Alcoholism and Substance Abuse Services (OASAS) webpage.

https://combataddiction.ny.gov/schools